

NAMI WEST VALLEY LIST OF GROUPS & ACTIVITIES

<u>Group Name</u>	<u>Regularly Scheduled Meetings</u>	<u>Date/Time</u>
NAMI WV Board Meeting	Shepherd of the Hills United Methodist Church, 13658 W.Meeker Blvd., Sun City West	1 st Friday of the month, 9:30am till noon
NAMI WV Meetings Daytime: General Meeting & Support	<u>Business & Educational Program</u> at 1 pm, followed by <u>Support Group</u> from 2:30 to 4pm Shepherd of the Hills United Methodist Church, 13658 W. Meeker Blvd., Sun City West. (Look for directional sign in courtyard)	3 rd Friday of every month 1 – 4 pm 623-546-4011
<u>Support Groups for Family Members of Persons with Mental Illness</u>		
“Family Matters”	A support group for families. Counselor Deana Johnson, BA, LISAC. Spirit of Hope United Methodist Church, 14403 N. 75 th Ave. Peoria	2 nd & 4 th Tuesdays 7-9pm 623-546-4011
F2F support NAMI office, Phoenix	For family member & friends of persons with SMI 2210 N 7 th St. Phoenix – Peter Dindy	Every Weds. 6-8pm Office; 602-244-8166
F2F Support – SCW	3 rd Friday each month following education meeting. Shepherd of the Hills United Methodist Church, 13658 W. Meeker Blvd, Sun City West	3 rd Friday of every month 2:30 to 4 pm 623-546-4011
Two Family Support Groups by Terros	For families in the ValueOptions System. Both groups meet at the clinics from 6-8pm . 602-685-6000x5510, 623-931-4343	Mon. 11361 99 th Av, Peoria Tues. 5022 N54th Ave, in Glendale
<u>Education Groups & Consumer Support</u>		
Bipolar & Depression: Support for Consumers	Co-sponsored by the MHA of AZ & Arrowhead Hospital 6670 W. Sack Dr. Glendale	Fridays 4-6pm 480-994-4407 (Call to confirm date and time.) 6-8 pm Mondays
“ “ “	Sun Health Boswell Hospital- Sun City 13180 N. 103 rd Dr., Pinyon Rm, Support Ser. Bldg.	
Bipolar Bears Support for Consumers	St. Luke’s Hospital, Behavioral Health Auditorium, 1800 E. Van Buren, Phoenix.	Wed. 7-9pm Call Phil S. 480-838-3749
SOON – Survivors on Our Own –West Valley	Consumer run recreation/socialization and support. 605 N. Central in Avondale	623-882-8463 for directions & hours of operation
MiKID – Network & Consumer groups	Mentally Ill Kids in Distress 755 E. Willetta, Phoenix	602-253-1240 1-800-35-MYKID
Visions for Tomorrow	8 sessions for caregivers of children with MI.	Liz 602-789-7045
TERROS – Support & Multiple programs	Co-occurring Disorders, Substance Abuse treatment, Vocational Rehabilitation	5190 N.55 th Ave 602-685-6000
Warm Line Phone	Non-crisis, friendly phone service by TRIPLE R	602-347-1100 5-10 pm
Wellness Recovery for Consumers	META Services classes taught by consumers: WRAP – Recovery based trainings	For information call 602-650-1212
<u>CRISIS INFORMATION</u>		
NAMI AZ-National Alliance on Mental Illness, Arizona	602-244-8166, 1-800-626-5022	
Urgent Psychiatric Care; (VO) 903 N.2 nd St Phoenix (UPC)	2 nd St. Facility: 602-416-7612	
Psychiatric Recovery Center West: Urgent Care META	99 th Ave., Peoria 602-650-1212	
AZ Division of Behavioral Health Services	602-364-4585 150 N. 18 th Ave, Phx.	
Value Options Customer Service – 1-800-564-5465 (24/7)	Crisis line:602-222-9444, 800-631-1314	
Children/Adolescents in Crisis – St. Lukes’ Walk-In	1800 E. Van Buren, Phx. 602-251-8547	

This information is updated each month. Please cut & save current listing. 8-20-2007