



NAMI West Valley News

January, February 2008

National Alliance on Mental Illness

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Mental Illness Education, Support, and Advocacy

Important Program Dates



General Meeting and Support Group, 3rd Friday every month 1-4:00 PM,

Speaker at 1 pm; Refreshments & Support Group from 2:30-4 PM

Shepherd of the Hills United Methodist Church,
13658 W. Meeker Blvd., Sun City West.

EDUCATION MEETINGS

Friday, January 18, 2008 1:00pm Gloria Wallin presents "In Our Own Voice"

West Valley member, Gloria Wallin, will present the nationally acclaimed program called "In Our Own Voice". This is a presentation that includes video about the stages of mental illness. It also includes the most important part, the first hand experience of a person with mental illness coming back from the "dark days" into recovery and light. Ms Wallin will take us through this remarkable journey. She is also one of the presenters of NAMI's powerful Provider Education class that is taught to line staff workers in the mental health field.

Friday, February 15, 2008 Rob Hess, the Executive Director of NAMI Arizona, David Lerner, Education Director, and Scott Kastel, Chairman of the NAMI AZ Walk 2008, will be our speakers. Come and learn about all the new and exciting plans they have for NAMI in Arizona.

OTHER EVENTS.

Family to Family Education Classes will resume in the West Valley this spring. Call 623-546-4011 for dates and location. For classes in other areas of the valley call the State Office 602-244-8166.

NAMI Walks 2008 – in Phoenix. March 29, 2008. Put it on your calendar! Volunteer to help! Write those letters to friends and family asking them to donate! Join our West Valley Walkers team! See information on page 2. Call 623-546-4011 or Bette 623-546-8000.

NAMI Convention Orlando Florida, June 13-16, 2008 For information: www.nami.org

See NAMI WV List of Groups on Pg. 10 inside this newsletter for locations & contact information